



Guiding Scripture

“The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.” – John 10:10

“I go through life as a transient on his way to eternity, made in the image of God but with that image debased, needing to be taught how to meditate, to worship, to think.”

Donald Coggan

Superficiality is the curse of our age. The doctrine of instant satisfaction is a primary spiritual problem.

Joy is the keynote of all the disciplines. *James 1:2-3, “My brethren, count it all joy when ye fall into divers temptations; Knowing this, that the trying of your faith worketh patience.”*

THE SLAVERY OF INGRAINED HABITS

- Sin is a condition that plagues the human race (Romans 3:9-18)
- Sin is a condition that works its way out through bodily members (Romans 7:5)
- Sin is apart of our natural and internal structure.
- We attempt to rely on our own will power to launch a frontal attack against sin. When we do this, we fail every time because we cannot accomplish this task in our own will.

SPIRITUAL DISCIPLINES OPEN THE DOOR

- Galatians 6:8: _____

- Grace is free but it is not cheap.
- Spiritual disciplines get us in the place where God can use us. The road is NOT the change but the road is where the change occurs.
- Fruit of the Spirit (Galatians 5:22-23)
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